

Confidential Intake Questionnaire (Long Form)

Mountain Top Ministries
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Please fill out this questionnaire as completely as possible. Your information will be kept confidential and we're looking forward to meeting with you. Thank you for contacting Mountain Top Ministries

Date: _____ Referred by: _____

Basic Information

Name _____ M / F Birth date _____ Age _____

Address _____ City _____ ST _____ ZIP _____

How long have you lived at this location? _____ Number of times moved in last 5 years _____

Home Phone# _____ Work Phone# _____ Cell # _____

E-Mail Address: _____

Employer _____ Job Title _____

How long have you been at this job? _____

Educational and Vocational

Highest grade completed _____ College attended _____

Degrees _____ Vocational training _____ Military Service _____

How many jobs have you had in the last 5 years? _____ Reason for leaving _____

Marital Data

☐ Never married ☐ Engaged ☐ Married (_____ # of years) ☐ Separated (date: _____)

☐ Divorced (date: _____) ☐ Widowed (date: _____) ☐ # of times married _____

If applicable:

Spouse's name _____ Age _____ # of times married _____

Address (if different) _____ City _____ ST _____ ZIP _____

Home # _____ Work # _____ Employer _____

Occupation _____ Education and/or Military Service _____

Does your spouse know you are coming to receive ministry? ☐ yes ☐ no

Minors

I am a minor. ☐ yes ☐ no

Do your parents know you are coming to receive ministry? ☐ yes ☐ no

Children

Please list all children

Name	Step-child?	Age (if living)	Health Condition	At Home	Age at Death	Cause of Death

Family History

	Age (if living)	Health Condition	Age at Death	# times Married	Alcoholic?
Father					
Mother					
Step-Father					
Step-Mother					
Spouse's Father					
Spouse's Mother					
Spouse's Step-Father					
Spouse's Step-Mother					

Please evaluate the relationship between you and your parents while growing up. Check all that apply.

	Father	Mother	Step-Father	Step-Mother
Had the greatest effect on you				
Usually did the disciplining				
Was away a great deal				
You identified with the most				
You were close to				
Major conflicts with				
More dominant personality				

	You	Spouse
Total size of family		
Number of brothers		
Number of sisters		

Were you ☐ oldest? ☐ middle? ☐ youngest?
 Was your spouse ☐ oldest? ☐ middle? ☐ youngest?

Was your childhood ☐sad? ☐happy? ☐lonely? ☐rejected? ☐good? ☐other?
 Comments:

Was your Spouse's childhood ☐sad? ☐happy? ☐lonely? ☐rejected? ☐good? ☐other?
 Comments:

Health Survey

Personal Physician _____ Date of last check-up _____

Reason for last visit _____

What, if any, medications are you currently taking (give dosage and reason for medication) _____

Are you under a doctor's care now? ☐yes ☐no

Have you ever taken any street drugs? ☐yes ☐no Are you currently? ☐yes ☐no

Frequency _____ Type of drug(s) _____

Have you experienced any recent significant weight loss or gain? ☐yes ☐no

Please list any other medical problems.

Religious

Did you attend church as a young person? ☐yes ☐no If yes, what denomination? _____

How often did you attend? _____ Did you enjoy church activities? ☐yes ☐no

Do you attend church now? ☐yes ☐no If yes, which church? _____

How often do you attend? _____ Do you enjoy church activities? ☐yes ☐no

Have you made the great discovery of knowing Jesus Christ personally? ☐yes ☐no ☐unsure

Are you satisfied with your personal faith? ☐yes ☐no ☐unsure

Comments: _____

Are you interested in a more fulfilling personal faith? ☐yes ☐no ☐unsure

Comments: _____

Do you have a regular time of personal Bible Study? ☐yes ☐no ☐unsure

How much have you studied the Bible? _____

Personal History

Do you read/follow a daily horoscope? ☐yes ☐no

Have you ever had any non-Christian religious or spiritual experiences? (cult involvement, psychic experiences, drug use, etc) ☐yes ☐no

If yes, please describe: _____

Criminal activity ☐yes ☐no

List any arrests and convictions with the dates: _____

Problem Analysis

Have you received counseling previously? _____

If yes, please give : Dates _____

With whom _____

Reason _____

Reason for stopping _____

Have you ever been hospitalized for emotional problems? ☐yes ☐no

Give details: _____

Have you taken medication for emotional issues? ☐yes ☐no If yes, list type(s). _____

How would you characterize yourself, check those that apply:

☐
☐
☐

Happy
Suicidal
Hurt

☐
☐
☐

Defeated
Depressed
Bitter

☐
☐
☐

Guilt-ridden
Angry
Numb

☐
☐
☐

Tearful
Satisfied
Insecure

☐
☐
☐

Sad
Anxious
Lonely

How would you characterize your spouse, check those that apply:

☐
☐
☐

Happy
Suicidal
Hurt

☐
☐
☐

Defeated
Depressed
Bitter

☐
☐
☐

Guilt-ridden
Angry
Numb

☐
☐
☐

Tearful
Satisfied
Insecure

☐
☐
☐

Sad
Anxious
Lonely

What has been your greatest disappointment? _____

Describe: _____

Explain briefly what you believe your problem is: _____

What do you want the Biblical counseling process to accomplish? _____

Why did you choose Mountain Top Ministries _____

What do you want us to do for you? _____

Other Problems

Have you ever: Experienced child or spouse abuse? ☐yes ☐no

Experienced rape, incest or sexual molestation? ☐yes ☐no

Pregnancy out of wedlock / abortion? ☐yes ☐no

Attempted suicide? ☐yes ☐no

Other family members who have attempted suicide? _____

Do you have a tendency to: Have a high need for achievement / approval? ☐yes ☐no

Be a workaholic? ☐yes ☐no

Struggle with alcoholism? ☐yes ☐no

Are finances a recurring problem? ☐yes ☐no

Do you experience any phobias? ☐yes ☐no Comments: _____

Client/Counselor Contract

"Come to Me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me...and you will find rest for your soul." Jesus Christ, as quoted in Matthew 11:29

Your counselor is committed to allowing Jesus to use him/her in the process of carrying out His above noted promise to you. You must also be committed to giving the counseling a chance to lift the burden. You are asked to make a commitment to carry out the following:

- 1) Honesty throughout the counseling process.
- 2) Keep counseling appointments, unless urgent matters interfere, in which case I will notify the appointment desk as far in advance as possible.
- 3) Complete homework assignments.
- 4) The Word of God, the Bible, will be authoritative and feeling better will not necessarily be considered 'healing'.
- 5) I promise to pay the amount: \$_____ as I have agreed for each session. Please see the financial information page elsewhere in this packet.
- 6) If at any point in time I decide to terminate counseling, I will discuss this with my counselor.

I have read all of the above, understand, and agree with it as evidenced by my signature:

_____ Date: _____

Your counselor's commitment to you:

- 1) Honesty throughout the counseling process.
- 2) Prayer on a regular and consistent basis.
- 3) Perseverance alongside you throughout the counseling process.
- 4) Respect and protect your Right of Confidentiality for all matters discussed during the counseling sessions.

Counselor's signature and witness to the above: _____ Date: _____

Disclaimer and Release of Liability and Confidentiality

I have voluntarily sought this counseling on my own initiative: I am under no obligation or compulsion to accept this counseling or any advice I may receive during this counseling process. I further agree to hold Mountain Top Ministries and its staff members, free from any and all liability, loss or damage of any kind that may arise as the result of the counseling.

I understand that Mountain Top Ministries and any employee or other representative of MTM is offering this counseling voluntarily, at a voluntarily pledged cost, and that I or MTM can terminate or limit this counseling at any time.

I understand that this counseling is not a medical, psychiatric, psychological or other professional service, but is exclusively the sharing and explaining of principles set forth in the Bible as applied to my personal situation.

I understand that any counselor representing Mountain Top Ministries might thoughtfully choose to, or may be legally bound to disclose information received from me in the following circumstances:

- 1) The information may be disclosed to my spouse, if the counselor believes that this may strengthen the marriage relationship or correct a misunderstanding in the mind of my spouse;
- 2) The information may be disclosed to law enforcement officers or other governmental officials, if the counselor believes that the information may be about an actual, threatened or potential crime, other violation of law, or other matter within the responsibilities of the officers or officials to whom the disclosure is made;
- 3) the information may be disclosed to whomever the counselor feels should have it, if the counselor believes it is about an actual, threatened or potential suicide, or other act of self-harm;
- 4) the information that minors disclose regarding abuse, illegal activities, social dangers or abortion may be disclosed to parents or other appropriate authorities if the counselor believes such disclosures will enhance the counseling process or provide necessary protection for the minor;
- 5) The information may be disclosed to other counselors representing MTM, as part of the normal assistance that the counselors give to each other in their work.

I have read this Disclaimer and Release of Liability and Confidentiality statement, I understand and agree with it, and I have executed it as my free and voluntary act on the _____ day of _____, 20_____.

Signature of Witness

Signature of Person receiving counsel

Financial Policies and Information

Our Goal	It is our intent to offer quality biblical counseling to all who desire it regardless of their ability to pay.
Our Fee	At MTM we suggest that each client pay \$45 per hour for counseling. This is a suggestion rather than a requirement, and we ask each person individually to pray about their financial means and what is a reasonable and fair fee based upon their situation. As mentioned above, we will not refuse counseling to those who cannot afford the suggested fee.
Our Costs	Although this is a non-profit ministry, as you might expect we do have fixed costs of operation. Insurance expenses, utilities, cleaning, and property maintenance, all contribute to our costs for each session. In addition, we are called to pay our workers a fair wage for their time preparing for each session, actually counseling, the follow-up work for each session as well as other related office work.
How we are Supported	MTM raises funds from outside sources to be able to provide counseling to people without respect to their ability to pay. Generally, our cost of counseling is a good bit higher than the fees we collect from clients. This difference is made up primarily by regular donations from individuals and churches. There is a delicate balance between offering low-cost counseling to all who need it and unfairly asking our supporters to pay for the counseling of people who are financially better off than those making the donations. In fact, it is impossible for us to make this trade-off, which is why we ask you to pray and ask God what is fair.
Payment	We ask clients to pay at the conclusion of each counseling session. Checks may be made out to <i>Mountain Top Ministries</i> , or <i>MTM</i> . We cannot accept credit cards at this time.
Questions	If you have further questions, please call us or ask your counselor.